

Levels of Care

Inpatient Hospitalization – provided on a Behavioral Health Unit in a hospital setting

Long Term Structured Residence (LTSR) – Locked facility that provides Mental Health treatment to those who are in that setting

Community Treatment Team (CTT) – Consumer-centered, recovery oriented mental health service delivery model designed to work closely with individuals who have had a history of struggling to access or respond to traditional mental health services.

Partial Hospitalization Program (PHP) – Treatment for serious mental health problems where an individual lives at home and received treatment for a minimum of 10 hours a week. These services are provided at a licensed facility.

Outpatient Therapy – Individual, group, or family counseling with a therapist who works on the identified mental health concerns. They can also include visits with a psychiatrist for medication assessments.

Support Services

Emergency Crisis Services – 24-hour services that can be used at any time day or night in a crisis or emergency.

Certified Peer Specialists (CPS) – interactions conducted by self-identified current or former consumers of behavioral health service who are trained and certified to offer support and assistance with their recovery and community integration process. The tools used by peers are based on hope, person responsibility, education, self-advocacy and support.

Blended Case Managers (BCM) – link individuals to resources available in the community that they may not be aware of. Provide case management for eight life domains: housing, income/benefits, MH treatment, D&A treatment, and socialization, activities of daily living, education/vocation, and medical treatment.

Psychiatric Rehabilitation Program – helps individuals acquire community living skills through a structured program of activities that focus on increasing their level of social competency. Focus on living, learning, working, socializing, and dealing with everyday life.

Open Arms Drop-In Center – Activity center that has a non-clinical atmosphere where individuals can feel like they belong, encourage individuals to take responsibility for their own recovery, provides support in times of turmoil and social isolation, offers opportunities to improve social skills and to develop and maintain healthy relationships